

## READING ADVENTURE TREASURE CHEST KIT #48 I'M GROWING UP

This Reading Adventure Treasure Chest Kit has been assembled to provide a thematic list of storytime materials for use by enhanced members and their patrons. The kit is geared toward the preschool age group yet is flexible enough to capture the interest of toddlers and early school age children. The [Activity Ideas](#) are designed to be aids to use the materials listed in the kits.

If you would like more information concerning this project, contact SERLS via e-mail at [dirserls@oplin.org](mailto:dirserls@oplin.org).

<b>Material Type</b>	<b>Title</b>	<b>Author</b>
BOOK	Arthur's TV Trouble	MARC BROWN
BOOK	Boomer Goes To School	CONSTANCE W. McGEORGE
BOOK	Busy Bea	NANCY POYDAR
BOOK	The Carrot Seed	RUTH KRAUSS
BOOK	Creak, Thump, Bonk	SUSAN ROTH
BOOK	Daisy Head Mayzie	DR. SEUSS
BOOK	Franklin's Blanket	PAULETTE BOURGEOIS
BOOK	Franklin Has A Sleepover	PAULETTE BOURGEOIS
BOOK	Happy Birthday Jessie Bear!	NANCY WHITE CARLSTROM
BOOK	A Helpful Alphabet Of Friendly Objects	JOHN UPDIKE
BOOK	I Thought I Heard	ALAN BAKER
BOOK	Listen Buddy	HELEN LESTER
BOOK	Monster's Lunch Box	MARC BROWN
BOOK	Oh, Grow Up!	FLORENCE PARRY HEIDE
BOOK	Sheila Rae, The Brave	KEVIN HENKES
BOOK	Sleep Song	KAREN RAY
BOOK	Starting School	JANET AND ALLAN AHLBERG
BOOK	When Daddy Came To School	JULIE BRILLHART
BOOK	When Frank Was Four	ALISON LESTER
BOOK	Wilson Sat Alone	DEBRA HESS
BOOK	Dragon Tooth	CATHRYN FALWELL
BOARD BOOK	Nighty-Night	
BOARD BOOK	Arthur Goes To School	MARC BROWN
BIG BOOK	Each Orange Had Eight Slices	PAUL GIGANTIC
BIG BOOK	Tommy At The Grocery Store	BILL GROSSMAN
RESOURCE BOOK	Eenie Meenie Miney Math!	LINDA ALLISON
BOOK & TAPE	From Tadpole To Frog	WENDY PFEFFER
CASSETTE	Peppermint Wings	LINDA ARNOLD
VHS	Moirra's Birthday	
PUPPET	Franklin	

---

## ACTIVITY IDEAS AND FINGERPLAYS

**Begin your storytime** with the hello-song on Linda Arnolds' *Peppermint Wings* cassette. Arnold's call and response song "Hello" features greetings in French, Spanish, Swedish, Hebrew, German, Japanese, Chinese, Italian, Russian, Hindu, Yugoslavian and more. You might want to end storytime with "Read A Book."

**Ask the children** to draw pictures of what they imagine they will look like next year, when they are a parent and when they are a grandparent.

**Invite the children** to make "I Am Special Books." On one page suggest children color with their favorite colors. On another page help children fill in the blanks of the following "Me Poem:"

Mirror mirror on the wall,  
Look at me when I call.  
See my \_\_\_\_\_ hair (color)  
See my \_\_\_\_\_ eyes (color)  
See my \_\_\_\_\_ skin (color)  
And my \_\_\_\_\_ size (tall/short)  
Mirror, mirror, you're the best  
Now I'll let you take a rest.

### **I Am Special**

*Sung to the tune of "Are You Sleeping"*

I am special! I am special!  
If you look, you will see,  
Someone very special, someone very special,  
Yes, It's me! Yes, it's me!

### **Growing**

Flowers grow like this.

*(Cup hands)*

Tress grow like this.

*(Spread arms)*

I grow,

*(Jump and stretch)*

Just like that!

### **If You Want to Grow Up Healthy**

*(Sing to the tune of "If You're Happy and You Know It")*

If you want to grow up healthy, eat like this.

Eat a carrot and an apple and a fish.

Don't leave your mashed potatoes,

Or that slice of red tomato.

If you want to grow up healthy, eat like this.

*(Make fist to show muscle)*

If you want to grow up puny, eat like this.

Snack on pop and cake and bags of tater chips.

Make room for gooey candy.  
Oh, it's oh so very dandy.  
If you want to grow up puny, eat like this.  
*(Droop shoulders, arms limp)*  
But if you want to grow up healthy, eat like this.  
Try the things your mom puts upon your dish.  
Try fruits and vegetables,  
Bread and whole grain cereal.  
You can grow up strong and healthy if you wish!  
*(Make fist to show muscle)*

### **Brushing Teeth**

Up and down and round and round  
*(Move right pointer up and down, and round in front of mouth)*  
I brush my teeth to keep them sound;  
To keep them sound and clean and white  
*(Point to teeth)*  
I brush them morning, noon and night.

**Ask your local children's librarian about more fingerplays, activities and books such as these recommended titles:**

- *Barney Is Big* by Nicki Weiss. Although Barney is big now, he still likes to be babied once in a while.
- *The Blanket That Had To Go* by Nancy Cooney. A young girl figures out a way she can take her special blanket to school.
- *Flap Your Wings And Try* by Charlotte Pomerantz. Following the advice of family members, a young bird learns to fly and tells other birds how to fly.
- *Julius, The Baby Of The World* by Kevin Henkes. When Lily found out she was to be a big sister she was the best big sister in the world. But after Julius was born, it was a different story.
- *Just My Size* by May Garelick. A little girl reminisces about the beautiful coat she owned which, as she grew become a jacket, vest, cap and knapsack.
- *Little Gorilla* by Ruth Bornstein. Little Gorilla's family try to help him overcome his special growing pains.
- *Winifred's New Bed* by Lynn Howell. Even though Winifred's big grownup bed has room for all her stuffed animals, she thinks it is too big until her cat joins her.